

Montessori Beginnings

Montessori Beginnings is a Montessori playgroup for babies and toddlers from birth through two years of age with a caregiver. The group is guided by a certified Montessori teacher in a thoughtfully prepared environment designed to engage the child in discovery.

The young children explore the environment, practice self-feeding with a nutritious snack, then join parents for circle time that includes singing, dancing, and playing musical instruments. Montessori Beginnings class helps parents see the amazing capabilities of babies and toddlers. Caregivers also benefit from the weekly parenting discussions and from sharing with one another. This gentle rhythm of the morning invites the adults to focus their attention on the wonder of the young child.

Whether you are new to Montessori or desire to deepen your knowledge, we have prepared a variety of resources to support you as your child develops independence, awareness, responsibility and compassion.



Class time: 9:45-11:00 am

Day of the week: Friday

Price: \$10 per class

Session: 4-6 classes

Class schedule

9:45- 11:00 am

1. Arrival - greeting, checking in
2. Engaging with the environment and one another
3. Parenting discussion
4. Self-feeding snack (for example: strawberries)
5. Observing independence — toddlers getting their own drink, practice drinking from an open cup
6. Exploring the prepared environment and connecting with other children
7. Circle time transition. Circle time invitation.
8. Circle time
9. Good-bye song



Parent Resources

Montessori Beginnings is delighted by your interest in learning more about Montessori education. Montessori Infant & Toddler programs lay the foundation for lifelong learning by nurturing your child's curiosity, self-confidence, and intrinsic desire to learn from birth.

The first three years of life are the most fundamental in the development of human beings and their potential. The role of the parent in this class is to observe, support, and encourage the natural development of your child.

These classes will also deepen your understanding of Montessori philosophy and its application in the home setting. Through both interaction and observation, parents and caregivers gain valuable insight regarding their infant's path of development. Each week will feature a discussion of a topic pertaining to infant development and whole child parenting.

Discussion Topics :

Big Emotions, Little Bodies
Shaping the Brain in Early Years
Raising a Confident Child,
Setting Effective Boundaries
Exploring Temperaments
Positive Guidance
Independence
Sharing
Observation

Why do toddlers do so well in a Montessori environment?

A primary goal of the Montessori philosophy is: “Help me to do it myself”. Maria Montessori discovered that all children have an innate drive to learn and be independent, and when given the opportunity, can learn to take care of their basic needs at an early age. Even the youngest of our children are able to begin to thrive through doing tasks for themselves through the Montessori method.

The Montessori method helps toddlers learn by doing and incorporates a sense of order and accomplishment into their everyday tasks. The classroom is filled with hands-on activities for this critical age of development. These activities will improve hand-eye coordination, fine motor skill development, and social development.

Montessori activities promote self-sufficiency and prepare the finger muscles for holding a pencil for writing. Most importantly, they are geared towards a toddler’s developmental interests.

On a social-emotional level, the Montessori environment helps the child develop feelings of support, security, and self-esteem. Children are guided toward appropriate behaviors through a non-judgmental atmosphere that offers consistency.